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# INVITATION

## 9TH INTERNATIONAL CONGRESS OF COACHING PSYCHOLOGY 2019: TACKLING CHALLENGES IN COACHING AND COACHING PSYCHOLOGY

FRIDAY SEPTEMBER 13TH 2019 9.00 AM - 16.00 PM

LECTURE HALL 1.104, KROGHSTRAEDE 3, AALBORG UNIVERSITY, AALBORG

How we tackle challenges in coaching and coaching psychology will be explored throughout the day by leading researchers and practitioners with a multi-faceted and complex perspective on the overall theme of the conference. With experiences from "executive coaching" and based on the fact that constant changes are everyday life for individuals, teams and organizations, one lecture will focus on how values and meaning can navigate the psychologists work in this VUCA (Volatile Uncertain Complex and Ambiguous) WORLD. The psychologist can take his departure point based on stories, language, morals and ongoing discourses. This is the framework for a lecture based on Charles Taylor's idea: "We get the sense of who we are through the sense of where we stand in relation to the good". Finally, how can we apply scientific results when we want to implement behavioural changes: The gap or leap from intention to action is one of the great challenging issues for both practice and science and then what's next and which paths appears in coaching? In recent years, in both the Danish and British populations, we have seen a significant deterioration of mental health. Coaches (clients) who experience mental problems are likely to be our clients. The lecture addresses how problems such as stress, anxiety and depression occur and how they are handled in a coaching psychological context.

Sponsors: Aalborg University: Department of Communication and Psychology, Studyboard for Psychology, International Society for Coaching Psychology (ISCP), Danish Association of Psychologists (DP\*SEBC) and Center for Qualitative Studies (QS).

### PROGRAMME

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|-------|--|-------|--|---|---|
| 9.00  | Welcome to the conference by Director of Coaching Psychology Unit, Senior researcher Ole Michael Spaten, PhD   | 10.45 | Keynote: Narrative Coaching as Speech Training and Discursive Conquering. This paper will present AH's latest ideas concerning coaching, language, moral, narratives and discourses, by Professor Allan Holmgren, DISPUK Institute, Snekkersten, Denmark | Professor Siegfried Greif, Osna-brück University, Germany |   |
| 9.15  | Keynote: Meaning Based Coaching. With constant change becoming the norm for individuals, teams and organisations, there is an increasing interest in and focus on values and meaning in evidence-based coaching, by Dr. Suzy Green, Sydney University and Institute of PosPsych, Australia | 11.45 | Lunch  | 13.45   | Coffee, tea   |
| 10.15 | Coffee, tea  | 12.45 | Keynote: Research and practice on how to bridge the Intention-Action-Gap. Application of scientific findings for a rigorous implementation of behavioral changes, by   | 14.15   | Keynote: Mental health issues within a coaching and coaching psychology context: Implications for practice, training and supervision. In recent years, there has been a worsening of mental health among the Danish and British populations, by Professor Stephen Palmer, University of Wales Trinity St David. |
|       |  |       |  | 15.15   | Reception – snacks, wine and soft drinks  |

