

Annual Report: ISCP International Centre for Coaching Psychology Research, 2019-20

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Abstract

This annual report will focus on the developments at the ISCP International Centre for Coaching Psychology Research including the current research. It also includes the plans to set up new ISCP Research Hubs in 2021 and becoming a signatory to Research Organization Registry identifier project.

***Keywords:** Research Centre, coaching psychology practice, climate change, CPD, Research Organization Registry*

The ISCP International Centre for Coaching Psychology Research was launched in August 2016. It is the research Faculty of the International Society for Coaching Psychology (ISCP) and was set up to support international collaboration on different aspects of coaching psychology research. This includes the dissemination of research through meetings, conferences and journals including *Coaching Psychology International*.

A key annual research event for the centre is the International Congress of Coaching Psychology. This year it was a 4-day congress held virtually using the

zoom platform. This was a significant event for the development of the theory, research and practice of the field of coaching psychology.

International Advisory Board and Centre Development Team

The centre has an International Advisory Board. It has members from four key areas:

- Representatives nominated by the professional bodies that the International Society for Coaching Psychology (ISCP) has an Memorandum of Understanding.
- Representatives nominated by the professional bodies that the ISCP International Centre for Coaching Psychology Research has an Memorandum of Understanding.
- Experts or specialists in coaching psychology or an allied field, affiliated to an accredited university.
- Experts or specialists from ISCP Approved Centres.

For the duration of their post, International Advisory Board members become Honorary Research Fellows of International Centre.

Resources

The centre has a Development Team focusing on building up resources on the website. The team welcome recommendations from ISCP members for useful publications and videos that we can include on the website. The resources provide information for researchers through various methods and mediums:

- Assessment measures
- Audio recordings of relevant lectures/ conference papers
- Coaching Psychology International (relevant journal articles)
- International list of doctorate students undertaking coaching psychology and allied research including contact details
- Journals
- PowerPoint presentations
- Publications
- Research methodology
- Research Protocols
- Videos

The website already has 125 pages and many posts which can assist researchers in their work.

ISCP Research Hubs

The ISCP International Centre for Coaching Psychology Research is planning on launching more ISCP Research Hubs in 2021 in order to bring together our members interested in coaching psychology related research.

We are currently in discussions with colleagues at the Society for Coaching Psychology Italy to launch a research hub based in Italy. This is an exciting development.

Research Organization Registry (ROR) Signatories

ROR is the Research Organization Registry. It is a community-led project which is developing an open, sustainable, usable, and unique identifier for every research organization around the world. ROR

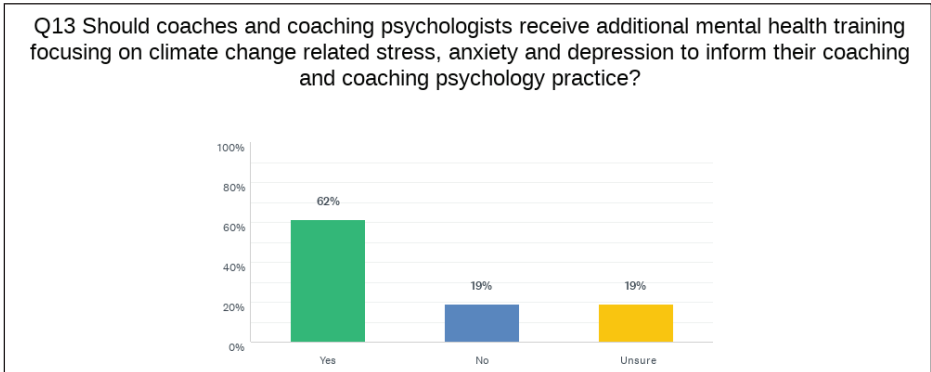
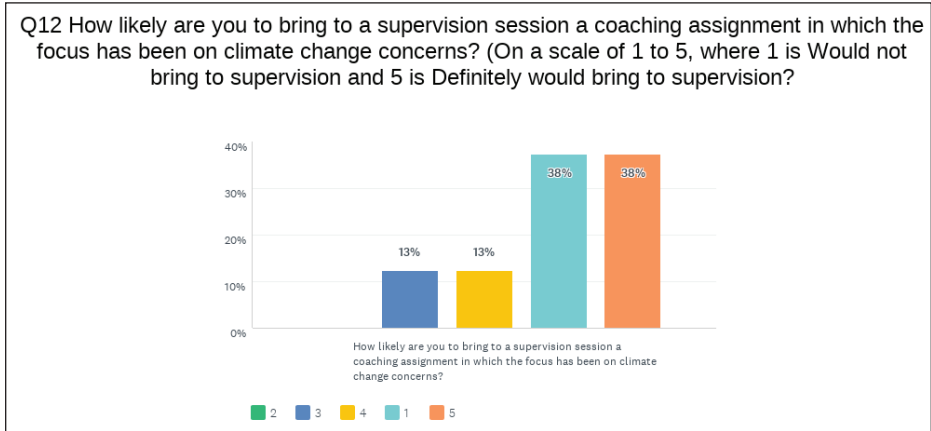
records include basic metadata about an organization (including name, alternate names, and location).

The ISCP International Centre for Coaching Psychology Research has become a ROR Signatory. Signatories include research organizations, librarians, platform providers, metadata services, publishers, funders, and more.

Current research

Research has focused on different aspects of coaching and coaching psychology practice using online surveys:

1. The supervisee-supervisor relationship. (2017)
2. What do Coaching Psychologists and Coaches really do? (2017)
3. Mental Health in Coaching and Coaching Psychology Practice. (2019)



4. Tackling Climate Change Issues Raised Within Coaching & Coaching Psychology Practice. (2020)

The Centre's Research is initially disseminated at conferences and International Congress of Coaching Psychology events (e.g. O'Riordan & Palmer, 2019; Palmer, 2017; Palmer & Whybrow, 2017; Palmer, 2019, 2020).

The climate change survey (Palmer, 2020) was a small pilot study. The responses to question 12 highlighted that coaches and coaching psychologists would generally bring issues relating to coachee climate change concerns to supervision. Responses to question 13 underlined the importance of relevant continuing professional development (CPD) in mental health training focusing on climate change related stress, anxiety and depression. CPD can inform coaching and coaching psychology practice and is considered important by the ISCP for members.

The Anthony Grant Lecture, 2020

The Anthony Grant Lecture will be an annual keynote paper given at the ISCP sponsored International Congress of

Coaching Psychology. The lecture is in commemoration of Anthony Grant's life and outstanding contribution to the field of positive and coaching psychology. This year, the inaugural lecture was held on the 9th October, and was given by Prof Suzy Green, CEO of The Positivity Institute, Australia, at the 10th International Congress of Coaching Psychology, 2020. Her paper was titled: The Positivity Prescription: The role of positive psychology psychoeducation in an evidence-based coaching context. Due to COVID-19 restrictions, the congress was held virtually and had speakers and attendees from around the world. The keynote was well received. The ISCP thanks Suzy Green for giving the inaugural lecture.

The future

The team are focusing on the development of the Research Hubs. The team will continue to add resources to the Centre's website. The team thank the International Advisory Board, the ISCP Board of Directors and the professional bodies for their ongoing support.

References

O'Riordan, S., & Palmer, S. (2019). Beyond the Coaching Room into Blue Space: Ecopsychology informed coaching psychology practice. *Coaching Psychology Review*, 12(1), 8-18.

Palmer, S. (2017). *Beyond the coaching and therapeutic relationship: the supervisee-supervisor relationship*. Keynote given on 15

September at the 7th International Congress of Coaching Psychology, 2017, Aalborg University, Aalborg, Denmark.

Palmer, S. (2019). *Tackling mental health issues within a coaching context*. Paper given on 5th March, at the Health and Wellbeing at Work Conference, NEC Birmingham, UK.

Palmer, S. (2020). *Can coaching assist in tackling climate change worries and ecoanxiety?* Paper given on 10th March, at the Health and Wellbeing at Work Conference, NEC Birmingham, UK.

Palmer, S., & Whybrow, A. (2017). *What do Coaching Psychologists and Coaches really do?*

Results from two international surveys. Invited paper at the 7th International Congress of Coaching Psychology 2017. Theme: Positive and Coaching Psychology: Enhancing Performance, Resilience, and Well-being. Presented on 18th October, 2017, in London.

Websites

- 10th International Congress of Coaching Psychology, 2020 event programme: <https://iscp.nsvirtualevents.com/programme>
- ISCP International Centre for Coaching Psychology Research: www.iscpresearch.org
- International Congress of Coaching Psychology: www.coachingpsychologycongress.net

- ISCP International Centre for Coaching Psychology Research Facebook page: www.facebook.com/ISCPResearch
- ISCP International Centre for Coaching Psychology Research LinkedIn group: www.linkedin.com/groups/2156043
- Research Organization Registry (ROR): <https://ror.org/supporters>

Biography

Stephen Palmer

Stephen Palmer PhD is an award winning coaching psychologist. He is Professor of Practice at the Wales Academy for Professional Practice and Applied Research, University of Wales Trinity Saint David and Adjunct Professor of Coaching Psychology at Aalborg University, Denmark. He is President of the International Society for Coaching Psychology (ISCP) and Co-ordinating

Director of the ISCP International Centre for Coaching Psychology Research. His other roles include being Director of the Centre for Coaching, London. He is Executive Editor of the *International Journal of Coaching Psychology* and Co-Editor of the *European Journal of Applied Positive Psychology*. He Co-edited *The Handbook of Coaching Psychology: A Guide For Practitioners* (with Whybrow, 2019).

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